Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

1-9 (Cancelled).

- 10 (Original). A method to decrease insulin resistance in a mammal, comprising administering to said mammal that has insulin resistance a therapeutic composition comprising an antagonist of melanocortin stimulating hormone (MSH) biological activity, wherein said antagonist decreases insulin resistance in said mammal.
- 11 (Original). The method of Claim 10, wherein said antagonist of melanocortin stimulating hormone (MSH) is selected from the group consisting of a fragment of MSH having MSH antagonist action, a homologue of MSH having MSH antagonist action, a peptide mimetic of MSH having MSH antagonist action, a non-peptide mimetic of MSH having MSH antagonist action, and a fusion protein comprising any of said MSH antagonist compounds.
- 12 (Withdrawn). The method of Claim 10, wherein said antagonist of MSH is a soluble MSH receptor or fragment thereof that binds MSH.
- 13 (Withdrawn). The method of Claim 10, wherein said antagonist of MSH is an antibody that selectively binds to MSH and thereby reduces or blocks the activity of MSH.

- 14 (Withdrawn). The method of Claim 10, wherein said antagonist of MSH is an antibody that selectively binds to a receptor for MSH and reduces or blocks the ability of MSH to bind to said receptor.
- 15 (Original). The method of Claim 10, wherein said therapeutic composition is administered transdermally.
- 16 (Original). The method of Claim 10, wherein said therapeutic composition is administered topically.
- 17 (Original). The method of Claim 10, wherein said therapeutic composition is administered parenterally.
- 18 (Original). The method of Claim 10, wherein said therapeutic composition is administered in a controlled release formulation.
- 19 (Original). The method of Claim 10, wherein said antagonist of melanocortin stimulating hormone biological activity is administered in a dose of from about 0.1 pg to about 10 mg per kg body weight of said animal.
- 20 (Original). A method to treat diabetes associated with insulin resistance in a mammal, comprising administering to said mammal that has insulin resistance and diabetes a therapeutic composition comprising an antagonist of melanocortin stimulating hormone (MSH) biological activity, wherein said antagonist decreases insulin resistance in said mammal.

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- 21 (Previously presented). The method of claim 10, wherein said therapeutic composition is administered as a nasal spray.
- 22 (Previously presented). The method of claim 10, wherein said therapeutic composition is administered as an oral spray.
- 23 (Previously presented). The method of claim 10, wherein said therapeutic composition is delivered to the peripheral circulation.
- 24 (New). The method of Claim 11, wherein said antagonist of melanocortin stimulating hormone (MSH) is selected from the group consisting of a fragment of MSH having MSH antagonist action and a homologue of MSH having MSH antagonist action, wherein said antagonist comprises a substitution of Phe at position 7 of MSH with another amino acid.